



Mental Health Project Newsletter

This project is funded by the Australian Government Department of Health as part of the Fifth Community Pharmacy Agreement Research and Development Program managed by the Pharmacy Guild of Australia. Ethics approval has been obtained from the Griffith University Human Research Ethics Committee (PHM/08/11/HREC).

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Mental Health Workshops a huge success!

There will be further workshops held in February 2014. Please contact the team to secure your spot.

Thank you to all of the participants who have taken part in the first round of Mental Health Workshops.

It has been a pleasure to meet all of you and learn from the wealth of knowledge and experience that all of the participants bring to each workshop.

We have currently trained 63 pharmacies across Queensland, Western Australia and Northern New South Wales and the feedback has been fantastic!

There are still plenty more opportunities for pharmacy staff who did not have time to attend the first round of training to do so early next year.

Following the advice of participants we have nominated to conduct the next round of workshops mid-week, plus one Saturday workshop in February 2014.

Upcoming workshops:

Brisbane

Tuesday 4 February 2014

Wednesday 19 February 2014

CPD by the SEA (Sydney)

Saturday 22 February 2014

Perth

Wednesday 19 February 2014

Travel/accommodation subsidies and reimbursement for attendance are available. Please contact the team to discuss eligibility.

The Pharmacy Guild WA Branch is offering a MHFA course on the 5th and 12th Feb 2014 (9am-4:30pm) the weeks prior to our training day. If interested contact Jaymie or Laura on reception@wa.guild.org.au

Pharmacy staff may wish to incorporate MHFA and the Medication Support Plan into their pharmacies.



Above: Participants take the time to practice new skills they have learnt in the workshops



Above: Ron Stuurstraat (community pharmacist), Andrew Blythe (consumer consultant), Abilio Neto (psychologist) and Carlene Smith (pharmacy training coordinator) discuss strategies that pharmacy staff can adopt to ensure success in implementing a medication support plan in their pharmacy.

CPD by the SEA

Due to the success of the first round of workshops we have been asked to provide training as part of the Pharmacy Guild of Australia's (NSW Branch) CPD by the SEA in Sydney on 22 February 2014.

This training day is offered to participants of the Mental Health Project. This will mean that participants interested will have, or be willing to, complete the mental health online training before attending.

Attendance at this training will give pharmacy staff the skills and resources required to implement a medication support plan in their pharmacy to work with mental health consumers and carers over a six month period (please contact us for further information relating to the project).

The CPD by the SEA Convention weekend has the following elements:

- 1) Earn CPD Credits - a comprehensive education program delivered by industry experts on current industry information.
- 2) A boutique Trade Show
- 3) Networking - the weekend program is not 'all work'.



There is funding available for travel and accommodation costs for pharmacies that fit certain criteria. Please contact the team to find out more. We are looking for pharmacies to participate from within our project regions which include Western Australia, Northern New South Wales and Queensland. Participants who attend the workshop must first complete an online training course (approximately 4 hours for pharmacists and 2 hours for support staff).

For further information about CPD by the SEA please visit: <http://www.cpdbythesea.com.au/event-information/> or email guildevents@nsw.guild.org.au

Recruitment Update

Every issue we would like to keep all participants up to date with the achievements of those pharmacies we are working with. It gives an opportunity to share stories and provide fast facts about what has been completed to date. In the first round of workshops we have trained over half of the pharmacies we would like and expect to reach our target of 120 trained pharmacies by February 2014.

We are hearing fantastic stories of consumers positively engaging with this intervention and we look forward to hearing about some of the great results achieved.



53 %

Above: The first round of workshops has trained 63 pharmacies. In the second round of training the goal is to reach 120 pharmacies. There is still an opportunity for further pharmacies to be trained. Please contact the team if you would like to join this exciting project.

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